



Supported Lifestyles

He ora hāpainga

Choice and Control in Your Life



CCS
disability action
Including all people

TE HUNGA HAUĀ MAURI MŌ NGĀ TĀNGATA KATOĀ



What is Supported Lifestyles? He aha te ora hapainga?

SUPPORTED LIFESTYLES IS an approach within communities. It's the name we give to the work we do alongside disabled people, families, whanau and communities across New Zealand. It's about being in partnership and supporting people to have the life they want.

The core of supported lifestyles is about building good relationships and getting to know disabled people, families and whānau well. We want to develop a sense of what's important to you and support you to be in charge of your life and living the life you want.



What we can offer He aha ngā momo hāpai e toro nei

Good Information

It can be challenging to get the information you need at the right time. We provide information about a range of things including:

- your community and what's available
- your rights and what these mean in practical terms
- financial assistance
- options and choices

Community connections

We can assist you to build relationships in your community, find activities that match your interests, connect with other people with similar experiences to you, or move into education or employment with the support you need to succeed.



Exploring your options

We can assist you to plan for the life you want. This can include:

- Identifying your dreams, setting goals and planning to achieve these goals.
- Supporting you to work through systems, remove barriers and create the life you want.
- Connecting you with services you may need (like equipment, disability supports, transport options, resources and funding).
- Coordinating services so that you get the right people and the right support at the right time.

Advocacy

Advocacy can be about clarifying what you want to achieve, supporting you to speak for yourself or your family, or providing independent support with another agency or organisation. This could mean attending a meeting with you or working with someone else so they understand what you are wanting.

“ Mai’s* world has really opened up in terms of the opportunities she’s starting to enjoy. ”

*Name changed to protect privacy.



Your goals will depend on where you are in life.

About us

Mō mātou

CCS DISABILITY ACTION is a nationwide organisation that provides support and advocacy for people with a disability.

We work in partnership with disabled people, families and whānau to have choice and control in their lives.

As well as creating individually tailored supports, we work in communities to identify and remove barriers so that all people can lead positive and connected lives. We also lobby and advocate for local and national policies that ensure all people’s rights are upheld.



Get in touch


Whakapā mai

YOU CAN CONTACT a Service Leader or our General Manager at our branch offices.

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